

TOWN OF STONY PLAIN

Dementia Connections

Bringing people living with dementia, care partners & older adults together

Trail Explorers

Enjoy a guided one-hour walk with caring volunteers for people living with dementia, care partners, and older adults.

FREE • Drop-in • No registration

10:30 am

Stony Plain: July 29 • Aug 19 • Sept 16

Meet at Perks

Spruce Grove: Aug 5 • Sept 2 • Sept 30

Meet at Perks

Gather & Connect Coffee Break

Connect over coffee in a welcoming space for people living with dementia, care partners, and older adults.

FREE • Drop-in • No registration

July 27 • Aug 24 • Sept 28

1:30 pm

Cantiro Wellness Centre

344 Pioneer Road, Spruce Grove

Creating Connections Through Art

Facilitated art class for people living with dementia and their care partners. No experience needed, limited space, small group class

FREE • RSVP: 780-963-8583

Oct 14, 21, 28

1 PM - 2:30 PM

Stony Plain Art Studio

5600-50 St, Stony Plain

Dementia Care Partner Support Group

A supportive group for care partners, facilitated by the Alzheimer Society of Northern Alberta & Northwest Territories.

FREE • Drop-in • No registration

Fourth Tuesday of each month

7:00 pm

Community & Social Development Office

107, 4613-52 Avenue, Stony Plain



stonyplain.com/csd