

Tri Region Dementia Supports



Emergency & Crisis Services

Emergency..... **9-1-1**
24-hours Emergency Dispatch

RCMP Complaint line..... **825-220-7267 (RCMP)**
24-hours non-emergency complaints

Distress Line **780-482-4357 (HELP)**
24-hours; provide confidential, non-judgmental, and short-term crisis intervention, emotional support, and resources to people in crisis or distress

Mental Health Help Line.....**1-877-303-2642**
24-hours confidential service; provide urgent support, information and referrals to Albertans experiencing mental health concerns

Victim Services Society of Stony Plain, Spruce Grove and District.....**780-968-7272**
Monday - Friday: 8:30AM - 4:30PM; immediate assistance, support, information, and referrals to victims of crime, accidents, and natural disasters, referred by the RCMP

Seniors Abuse Help Line.....**780-454-8888**
24-hours; provides crisis intervention, suicide prevention, seniors abuse and family violence prevention, emergency intervention and response, emotional support and community resource referral

Emergency Social Services..... **1-866-644-5135**
24-hour Contact Centre; call if an emergency (food, clothing/childcare/transportation/damage deposit/temporary accommodation), occurs outside regular hours Support Services

211 Alberta ***2-1-1**
24-hours, provide effective, timely and appropriate information and referrals to community resources

Community Support Services

Town of Stony Plain**780-963-8583**
www.stonyplain.com/csd
Community Connector for Older Adults, Stony Plain Seniors Guide, Dementia Friendly Programs

City of Spruce Grove CSD..... **780-962-7618**
Monday-Friday: 8:30AM – 4:30PM
www.sprucegrove.org/csd
Bridging Connections Navigation and Referral Services, Counselling, Elder Abuse Case Management.

Caregivers Alberta***780-453-5088**
www.caregiversalberta.ca
Monday - Friday: 9:00AM - 4:30PM; provide group and one-on-one supports to help caregivers connect with others, navigate the system and look after themselves while providing care

Alzheimer's Society of AB and NW Territories***780-488-2266**
www.alzheimer.ca/ab/en
Monday - Friday: 8:30AM - 4:30PM; First Link Program, support groups, dementia resources

SAGE Directory.....**780-423-5510**
Monday - Friday: 9:00AM - 4:30PM; shelter for abused seniors Seniors Services directory www.mysage.ca

Neighbourlink Parkland.....**780-960-9669**
www.neighbourlinkparkland.ca
Monday - Friday: 9:00AM - 4:00PM; assists individuals who are unable to access the usual government assistance, have exhausted other resources and are falling through the cracks in the system

Government Services

Alberta Seniors Benefit.....**1-877-644-9992**
Monday - Friday: 7:30AM - 8:00PM; Seniors Financial Assistance, Special Needs Assistance

Health Link Alberta***8-1-1**
24-hours; health advice; dementia specialist nurse

MLA-Searle Turton**780-962-6006**
Spruce Grove-Stony Plain Constituency

MLA-Shane Getson**780-967-0760**
Parkland County Constituency

Service Canada.....**1-800-277-9914**
Canada Pension Plan (CPP), Old Age Security (OAS), Guaranteed Income Supplement (GIS) benefits



WestView Dementia Collaborative Partners
#107,4613-52 Ave, Stony Plain, AB
780-963-8583 | connect@stonyplain.com
www.stonyplain.com/csd



Tri Region Dementia Supports



Healthcare Services

WestView Health Centre..... 780-968-3600
Adult day program, mental health, WestView Geriatric Assessment Team

WestView Primary Care Network.....780-960-9533
www.westviewpcn.ca
Medical clinics, social work services, virtual classes, health resources, mental health services and virtual care clinics for those who do not have a doctor

Community Care Access.....780-496-1300
Home living, day programs / Community Aids for Independent Living (CALL), supportive living, facility living (Long-Term Care), Edmonton Zone Palliative Care

Transportation

Accessible Transportation Service (ATS).....780-963-5444
Door-to-door transportation for seniors (65+) and persons (16+) with mobility or cognitive disabilities

Drive Happiness.....780-424-5438
Need to be 65+; need to be sufficiently mobile to enter and exit vehicles unassisted. Need to have barriers to other transportation options

Food

Meals on Wheels.....780-968-7649
Meals are delivered five days a week at noon; Rose-Client Representative

Parkland Food Bank Society.....780-962-4565
www.parklandfoodbank.org
By providing food hampers to those in need

Family Connection Centre.....780-963-0549
Food rescue; you may visit weekly

Rec & Social

Tri Leisure Centre.....780-960-5080
www.trileisure.com
Seniors Day - second Wednesday of each month (September to May from 10 am - 1 pm); No charge for seniors 80 and over

Senior Citizens' Society of Stony Plain.....780-963-4707
Scheduled Activities and drop-in activities, call for more information; New members are always welcomed

Spruce Grove Golden Age Club.....780-962-5020
Scheduled Activities and drop-in activities, call for more information; New members are always welcomed

Counselling & Mental Health

Addiction and Mental Health (AMH) Access 24/7..... 780-424-2424
Access 24/7; A single point of access for all adult addiction and mental health services in Edmonton; Simply walk-in to Anderson Hall at 10959 102 St NW

Housing

Contact **Town of Stony Plain (780-963-8583)** or **Spruce Grove FCSS (780-962-7618)** for a housing booklet or options around independent, supportive, or assisted living

Meridian Housing Foundation.....780-963-2149
www.meridianhousingfoundation.ca
65+; Provide administration of subsidized seniors affordable lodges and apartments

Advance Care Planning

Talk to your family physician: Goals of care, Personal Directive, Enduring Power of Attorney

Office of the Public Guardian.....780-427-0017
Guardianship services, capacity assessment information and court applications

Alberta Health Service-Advance Care Planning
www.myhealth.alberta.ca

Disclaimer: The names appearing on the Resource List have not been screened by Stony Plain Community & Social Development department nor does their inclusion on this list constitute an endorsement by the Town of Stony Plain.

***While you wait:** if you are on a wait list of any kind, connect with these services.



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